



## North Carolina Essential Standards Guidance

Note on Numbering/Strands: S1: Socio-Emotional (SE); S2: Cognitive (C) and S3: Career (CR)

### PROGRESSING (P)

#### Socio-Emotional (SE)

	Essential Standard	Clarifying Objectives	
P.SE.1	Understand the meaning and importance of personal responsibility and self-awareness.	P.SE.1.1	Identify how to set boundaries that maintain personal rights while paying attention to the rights of others.
		P.SE.1.2	Use self-determination to build independence (e.g., work habits, personal productivity, and leadership).
P.SE.2	Understand the relationship between self and others in the broader world.	P.SE.2.1	Interpret the meaning of self-concept.
		P.SE.2.2	Explain how understanding differences among people can increase self-understanding.
		P.SE.2.3	Use responsible risk-taking behaviors to support positive relationship building.
P.SE.3	Use communication strategies effectively for a variety of purposes and audiences.	P.SE.3.1	Analyze available resources and strategies to determine those that are most appropriate for communicating to various groups.
		P.SE.3.2	Explain how body language and vocal expression affect the effectiveness of communication.
		P.SE.3.3	Use communication skills that build and sustain relationships with a wide range of people.

**Cognitive (C)**

	<b>Essential Standard</b>	<b>Clarifying Objectives</b>	
<b>P.C.1</b>	<b>Use creative strategies to make decisions and solve problems.</b>	P.C.1.1	Understand how to make adjustments to strategies that are not effective in making decisions or solving problems.
		P.C.1.2	Analyze strategies you have used in the past to determine the most appropriate strategies for solving a current academic problem.
<b>P.C.2</b>	<b>Use analytical strategies to understand situations.</b>	P.C.2.1	Analyze long-term assignments (e.g., projects and research papers) to determine the most appropriate strategies to use to complete each assignment.
		P.C.2.2	Use time-management and task-management skills to complete academic work of high quality in a timely manner.

**Career (CR)**

	<b>Essential Standard</b>	<b>Clarifying Objectives</b>	
<b>P.CR.1</b>	<b>Understand the meaning and importance of career self-awareness and career goals.</b>	P.CR.1.1	Explain how personal skills, interests, and abilities relate to current career plans.
		P. CR.1.2	Develop a competency plan in your chosen career areas.
		P. CR.1.3	Develop skills to locate, evaluate, and interpret career information.
<b>P.CR.2</b>	<b>Understand the relationship among career goals and interests, personal</b>	P. CR.2.1	Maintain a career-planning portfolio.
		P. CR.2.2	Use research and information resources to obtain career information.

North Carolina Essential Standards  
Progressing Proficiency Level

	Essential Standard	Clarifying Objectives	
	<b>interests, aptitudes, and abilities.</b>		
<b>P.CR.3</b>	<b>Understand the relationship among personal and academic decisions, career expectations, and future life decisions.</b>	P. CR.3.1	Describe the effect of work on lifestyle.
		P. CR.3.2	Explain how work can help to achieve personal success and satisfaction.
<b>P.CR.4</b>	<b>Understand the connection among attendance, collaboration, course selection, grades, grade point average, undergraduate admission, career expectations, and life goals.</b>	P.CR.4.1	Compare the effects of personal and academic decisions upon career goals and life expectations.
		P.CR.4.2	Demonstrate the relationship between course selection in school, grades earned, and attendance with expectations of the world of work in the career fields identified.