

# OVERVIEW OF (b)(3) services

## WHAT ARE (b)(3) SERVICES?

(b)(3) Services are additional supports for individuals who have Medicaid. They are in addition to the services in the Medicaid state plan. These services focus on helping individuals remain in their homes and communities and avoid hospitalization or living in an institution. Cardinal Innovations Healthcare and the other LME/MCOs are able to offer these additional services as a result of the Medicaid waivers. Please see the back of this handout for a list and short description of the (b)(3) services.

## WHO IS ELIGIBLE FOR (b)(3) SERVICES FROM CARDINAL INNOVATIONS?

Individuals who meet these requirements are eligible for (b)(3) services subject to the availability of funding:

- Have Medicaid insurance from one of the Cardinal Innovations counties
- Have ID/DD, mental health and/or substance use disorder service needs
- Meet other requirements specific to each service

## ARE PEOPLE WHO RECEIVE NC INNOVATIONS WAIVER SERVICES ELIGIBLE FOR (b)(3) SERVICES?

NC Innovations Waiver participants are eligible only for (b)(3) Psychiatric Consultation.

## HOW DO YOU ACCESS (b)(3) SERVICES?

The individual or legally responsible person can request the service directly from the provider. The provider will get in touch with Cardinal Innovations to start the eligibility process and ask for service approval. (Please note - not all providers offer (b)(3) services.)

## OR

Call Cardinal Innovations at 1.800.939.5911. An Access Coordinator will provide basic information about (b)(3) services and link the individual to a provider for an assessment.

## MORE INFORMATION ABOUT (b)(3) SERVICES:

If you want to read more about (b)(3) services, visit this link on the Cardinal Innovations website: [www.cardinalinnovations.org/Members/How-Coverage-Works/Medicaid-funded-coverage?tab=2](http://www.cardinalinnovations.org/Members/How-Coverage-Works/Medicaid-funded-coverage?tab=2). All of the (b)(3) services and their definitions can be found here.

# (b)(3) MEDICAID SERVICE definitions

(b)(3) Services are additional supports for individuals who have Medicaid. They are in addition to the services in the Medicaid state plan. These services focus on helping individuals remain in their homes and communities and avoid hospitalization or living in an institution. Cardinal Innovations Healthcare and the other LME/MCOs are able to offer these additional services as a result of the Medicaid waivers. Below is a list and short description of (b)(3) services available through Cardinal Innovations.

SERVICE NAME	POPULATION SERVED	SERVICE DEFINITION
Community Guide	ID/DD Child (3+), Adult	Helps individuals become more active in their community. Also assists with advocacy (making sure your voice is heard) and in finding non-Medicaid community resources and supports.
Community Transition	ID/DD Adult (21+) MH Adult (21+)	One-time moving costs for individuals moving out of a licensed facility to their own homes. Also available to individuals with mental illness moving out of adult care homes or who have been referred to live in adult care homes, but prefer to live in their own homes.
De-Institutionalization Service Array	ID/DD Child (3+), Adult (Discharged from ICF/IID)	For individuals moving out of institutions or similar facilities; designed to help individuals become more independent and live in their own homes and communities.
Individual Support	MH Adult (18+)	Provides guidance and help with everyday activities (meals, managing money). Typically for adults who are moving out of their families' homes or licensed facilities. Adults receiving this service must have a documented transition plan.
In-Home Skill Building	ID/DD Child (3+), Adult	For individuals with significant habilitation and behavioral support needs. Provided in the person's private home or the community. Family members or caregivers are expected to take part in the skill building sessions.
Intensive Recovery Supports	SUD Women (18+)	Assists women with children who were recently discharged from an intensive substance use treatment program continue their recovery at home.
Peer Support Services	MH/SUD Adult (18+)	Supports individuals in recovery; provided by individuals who have also experienced mental health issues.
Respite	ID/DD Child (3+), Adult MH/SUD Child (3-21)	Gives an individual's primary, unpaid caregiver(s) living in the individual's primary residence a break from providing daily care/supervision to the individual; may be provided in the home or in another setting.
Supported Employment	ID/DD (16+) MH (16+)	Job training and supports for individuals seeking paid employment. Generally provided in integrated setting (where there are people with and without disabilities).
Transitional Living	MH/SUD (16-21)	Helps young individuals learn the skills needed to live on their own independently as adults.

**ID/DD** = Intellectual Disabilities and Developmental Disabilities

**MH** = Mental Health

**SUD** = Substance Use Disorder